# **Rules & Regulations**

#### **Admission Criteria:**

- 1. Sincere motivation to participate in a meaningful recovery program.
- 2. Minimum of 18 years of age.
- 3. Employed or employment ready. (Disability, SSI, Retirement & Unemployment benefits are also accepted).
- 4. Must have a picture ID and Social Security card.
- 5. No outstanding warrants, no violent criminal felons and no convicted sex offenders.
- 6. No prescribed narcotic medications. (Hospital/treatment temporary (first week) detox meds are ok).

#### New Residents are on restriction for 4 weeks!

- 1. No cell phone.
- 2. Limited calling and visitations.
- 3. House Staff will approve all work hours and/or job searches.
- 4. Residents are required to use a Buddy System during their restricted period.
  - a. Your Buddy must be pre-approved.
  - b. Your Buddy must have been a resident for at least 30 days.
  - c. Your Buddy will help you become fully acquainted with the Lighthouse operations, class & meeting schedules and introduce you to other residents.
- 5. House staff will monitor resident capability, performance, participation and attitude to determine continued residency.

### **Necessary Items (required)**

- 1. Alarm clock!
- 2. Bedding: twin fitted sheet, blanket and pillow.
- 3. Towels (2) & wash cloth's.
- 4. Laundry basket, detergent/softener, etc.
- 5. Personal toiletries: razor, toothbrush/paste, hairbrush/comb, deodorant, soap, shampoo, etc.
- 6. Clothing: See dress code; winter jacket/coat, bath shoes/slippers, sleep wear, etc.
- 7. Personal food: snacks, milk or other special food items & tobacco.
- 8. Optional items: Bicycle or scooter (no car for 30 days), radio, laptop/tablet.

# Admission Fee = \$580.00 (\$250 admin fee + \$160(2) weekly service fee)

Your \$580 admission fee covers transportation, washer/dryer access, class materials and testing as well as your first 2 weeks of service fees. You may use the first two weeks to search for a job if necessary.

Your weekly service fee of \$165.00 is due Payday's or on Saturday before 1:00pm

\*\*\*\$10.00 fee for late payments\*\*\*

Residents may accept help from family members or outside entities for the first month. After the first 30 days the resident should have found employment and better able to support themselves. If the staff believe that the resident is actively looking for work and has not been successful, we will allow outside assistance for another 30 days.

#### Visitation

Visitation times after your 30 day restriction are as follows:

Monday thru Thursday 1:00 pm to 4:00 pm

Friday & Saturday 1:00 pm to 4:00pm & 6:00 pm to 8:00 pm

Sunday 2:00 to 6:00 pm

Non-Residents are prohibited in personal areas.

All visitors including fellowship members must leave premises by curfew. Premises include outside grounds and vehicles. (Male visitors are prohibited at ladies house).

Any visitation appointments that are not during regular visiting hours MUST have pre-approval by House Staff.

<u>Children's visits are Saturday and Sunday only.</u> Children are allowed in common rooms only and must be directly supervised and never left unattended.

Intoxicated visitors, illicit drugs and/or alcohol will NOT be tolerated on the premises.

# **Personal Property & Dress Code**

Everything you bring must fit neatly in your 4 drawer dresser. Everything else must be stored.

\*The Gatehouse Recovery Home is not responsible for any damage or theft to resident personal property. Any and all security measures are each resident's responsibility and at their own discretion.

**Dress Code**: Shirt and shoes at all times. Pants are always to be waist height. Shorts must be at least finger length. Females – no halter tops or tank tops. Nothing too tight or too revealing, no belly skin showing. (Don't even pack or bring it!)

No hoodies are to be worn on/over your head in the Lighthouse or at outside meetings.

No facial piercings – only stud earrings are allowed.

\*\*\*No new tattoo's or piercings are ever allowed!!!\*\*\*

# Random Alcohol & Drug Testing:

Each resident may be required to submit to a Breathalyzer and or U/A test at any time, with or without cause.

Resident's refusal or failing of a test will result in an immediate discharge.

Responsibility of any and all costs related to a failed U/A test are at the resident's expense to be paid at the time of discharge = \$25.00 per U/A test & \$155.00 for any synthetic items: Spice, K2, bath salts, over -the-counter, etc.

Some residents are required to be drug tested on a regular basis. The Gatehouse does not charge for random drug tests but any additional test required by the courts will be done at the residents expense. Of \$15 each.

# **Discharge Policy**

Any offense: 1 to 30 days. Readmission requires residents to:

- 1. Pay any outstanding past bills.
- 2. Be able to pass a breathalyzer and U/A test.
- 3. Pay the \$50.00 reapplication fee.

\*\*This policy is for the support of the residents' recovery as well as to insure the integrity of the Gatehouse and most importantly for the safety and wellbeing of each resident and House Staff/Volunteers. It is easier and cheaper to stay clean and sober than to start over!

# **Employment:**

All residents are required to volunteer, perform LRH community service work, maintain a job or actively seek employment unless physically or mentally unable.

Certain types of employment are not permitted, ex. bars, liquor stores, etc.

Residents must return to Gatehouse within 30 minutes of their punch out time.

\*Employment status will be reviewed regularly by staff